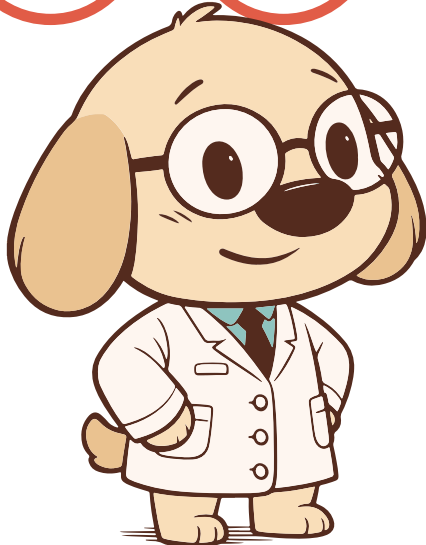


Do I need glasses?

Based on your appointment, the doctor may recommend that you get glasses! On your way out, the reception team will hand your adult a paper that says what kind of glasses you need!

Now comes the fun part: Picking out your glasses! Your adult will take you to a glasses shop where you will get to pick out some frames! There are all kinds of frames out there to choose from!

Some are round, some are square, some are big, some are small. With luck, you can pick out some frames that feel perfect just for you!



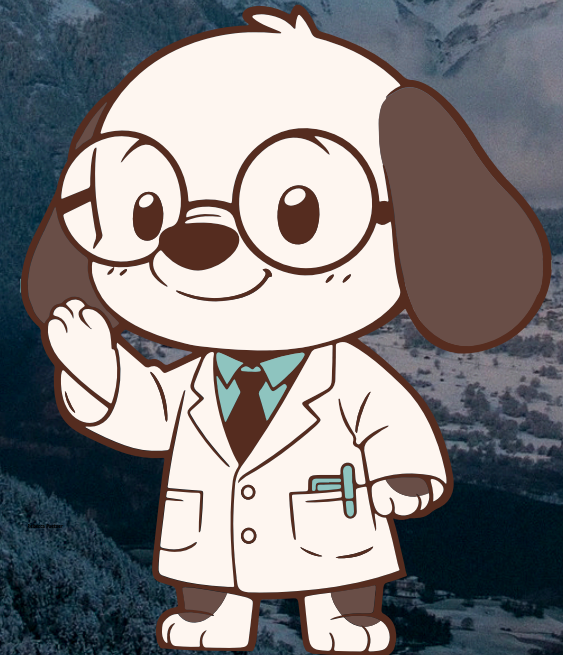
Clear Vision Optometry
1867 Airport Way Suite
150-A,
Fairbanks, AK 99701
907-452-2131

This brochure brought to you by your friends at Clear
Vision Optometry!

Assets and images courtesy of Canva

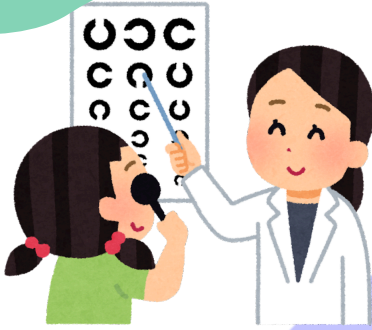
“What’s **THAT** for?” An Intro to the Eye Doctor

For kids (and their adults too!)



First things first, why do we go to the eye doctor?

Good question! Our eyes are a very important part of our body. Without our eyes, we could not see where we are going, or see our favorite things like our family or our favorite television show! Our eyes give us important information about the world around us, and you only get one set of eyes, so it's important to take care of them! We do this by seeing someone who knows everything there is to know about the eyes – An Optometrist (which is just a fancy word for an eye doctor)



In your visit, you won't just meet the eye doctor, but a whole team of people to help you understand how to take care of your eyes!

This might include the people who check you in and tell the doctor you are here, a technologist (a fancy word for the eye doctor's helper), and several other team members, or helpers!

Once you are all checked in with the help of your adult, a technologist (the doctor's helper) will come and take you to do some testing!

These tests may seem funny, but they tell us important things about you and your eyes!



What do these machines do?

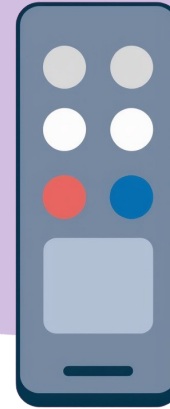


The first machine we use will show you a picture of a hot air balloon! Your job is to look at the picture while it gets fuzzy and clear and stay as still as you can!

This machine tells us a little bit about how well your eyes can see and what shape they are!

The second machine is like a video game!

Look into the machine, and you will see a black square! The doctor's helper will hand you a button to press. When you see black lines that shake and wiggle, press the button to try and "catch" them as they move!



This machine tells us how much you can see around you!



The last machine is the "air puff" machine!

For this machine, sit as still as you can and look at the red lights! The machine will give you a little gust of air. This may tickle, but it doesn't hurt!

Think of your eyes like a basketball. If it isn't pumped up, it can't bounce. This machine tells us how "pumped up" your "basketball" is!

What now?

Now you get to see the exam room! In this room, the doctor's helper will ask your adult some questions about you (and they may ask you some too!) Try to think if you've had any trouble seeing things lately, like maybe a whiteboard in class or a sign, or maybe you have trouble reading things that are close. The helper will tell the doctor what is going on!

The helper will also do some other fun tests with you:

- You may look at some pictures with all kinds of colors and be asked what you see



- You might put on some cool glasses look at some pictures that look 3-D and tell the helper which one sticks out the most!
- Lastly, the helper will show you some pictures or some letters on a screen! Your job is to tell them what you see!

Finally, the helper will go get the doctor and tell them you are ready! The doctor will come in and talk to you about how things have been going. They may look at your eyes with a giant microscope!

The doctor may also to ask you to look through a funny machine that works like a giant pair of glasses! The doctor will give you different "glasses" to look through! Your job is to tell the doctor which "glasses" make everything look clear!

You may also look at some more letters or pictures with the doctor, and the doctor may put some drops in your eye. It may feel strange or cold, but it doesn't hurt!

These drops help the doctor look in your eye better, which means we can tell how your eyes are doing!

